

Clinical Observations and National Early Warning Score (NEWS)

Our Clinical Observations and National Early Warning Score (NEWS) course will teach you essential clinical observation skills. You'll learn to differentiate between 'vital signs', 'subjective observations', and 'objective observations'. We'll explore factors affecting blood pressure, and you'll practice taking accurate pulse, blood pressure, and temperature readings.

Led by one of our experienced trainers, this course also covers conducting neurological observations and calculating the NEWS2 score. Finally, you'll understand the importance of successful handovers and effective record-keeping to ensure patient safety and continuity of care.

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Learning Outcomes

- Differentiate between the terms 'vital signs', 'subjective observations' and 'objective observations'
- Identify factors that can affect an individual's blood pressure
- Describe the process and purpose of a neurological observation
- Demonstrate how to take an accurate pulse reading, a blood pressure reading and a temperature check
- Calculate the NEWS2 score for a selected case study
- Explain the importance of successful handovers and effective record keeping when carrying out clinical observations

Course Content

Module 1: Introduction to Clinical Observations

- Understand the basics of clinical observations.
- Differentiate between 'vital signs', 'subjective observations', and 'objective observations'.
- Discuss the importance of accurate clinical observations in patient care.

Module 2: Blood Pressure and Influencing Factors

- Identify and understand factors that can affect blood pressure.
- Explore common conditions and situations that impact blood pressure readings.
- Practice taking accurate blood pressure measurements using different methods.



Course Content

Module 3: Pulse and Temperature Monitoring

- Learn the correct technique for taking an accurate pulse reading.
- Explore methods for measuring body temperature effectively.
- Gain hands-on experience with pulse and temperature measurement tools.

Module 4: Neurological Observations

- Understand the process and purpose of conducting neurological observations.
- Learn how to assess neurological function and identify warning signs.
- Practice performing neurological observations in a clinical setting.

Module 5: Calculating the NEWS2 Score

- Learn to calculate the National Early Warning Score (NEWS2) using case studies.
- Understand how NEWS2 helps in early detection of patient deterioration.
- Practice applying the NEWS2 score in various clinical scenarios.

Module 6: Record-Keeping and Handover Best Practices

- Understand the importance of effective record-keeping in clinical observations.
- Learn best practices for ensuring successful handovers between healthcare professionals.
- Discuss real-life examples and strategies for maintaining continuity of care.